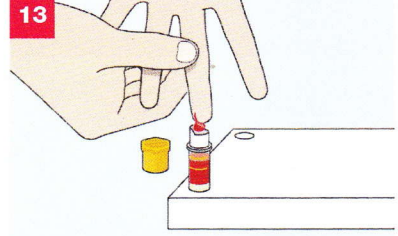
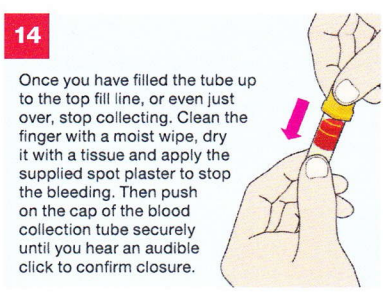


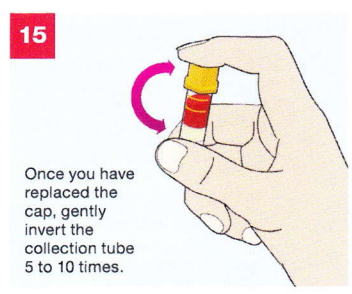
12 Firmly massage your hand and finger, without squeezing, to help the blood drop into the blood collection tube as shown.



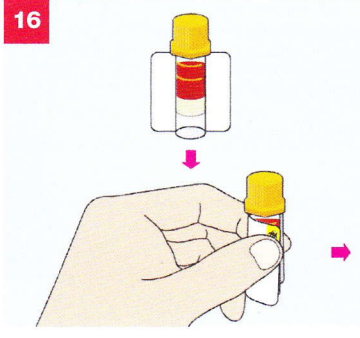
13 Fill the blood collection tube to the upper line on the side of the tube. NB: If you are unable to collect enough blood use the second lancet on a middle or ring finger on the other hand. Alternatively, try wiping the finger you have been using with a dry tissue. Pause for 5-10 seconds and blood drops are likely to reform, and you can then start collecting again.



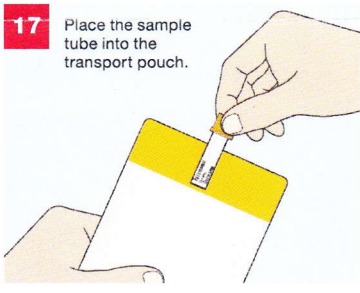
14 Once you have filled the tube up to the top fill line, or even just over, stop collecting. Clean the finger with a moist wipe, dry it with a tissue and apply the supplied spot plaster to stop the bleeding. Then push on the cap of the blood collection tube securely until you hear an audible click to confirm closure.



15 Once you have replaced the cap, gently invert the collection tube 5 to 10 times.



16 Make sure your tube is labelled with your details using the blood collection tube label supplied. **This is very important as unlabelled samples cannot be accepted.** Affix the label by placing the tube in the middle of the label and wrapping the label around the tube, as shown below.



17 Place the sample tube into the transport pouch.



18 Peel off the adhesive backing strip, fold over the top flap and seal firmly.

19 IMPORTANT CHECKLIST

- Before you return your sample please do the following:**
- Place your completed request form supplied by your doctor/clinic into the kit tray
 - Make sure the blood collection tube is labelled
 - Make sure that the tube is in the transport pouch and this is firmly sealed
 - Place the transport pouch and all lancets into the kit tray
 - Slide the kit tray back into the return postal box
 - Close the return postal box and apply the return security label to seal the end of the box
 - Check that you have taken note of your postal tracking number

Please store at room temperature until posted.

Please post your sample to **The Doctors Laboratory** as soon as possible (ideally on same day or within 24 hours of sample collection) from **ANY** Royal Mail post box in the UK. No stamp is required within the UK.

If you need assistance please contact The Doctors Laboratory on **020 7307 7373** or email **samples@tdlpathology.com**.



We would welcome feedback on your experience of using this self-collection kit to help us improve our services. To complete a short online survey please scan the code or visit: <https://forms.office.com/r/0xDA0byp1W>

Warnings and precautions

- This kit is designed for use by persons aged 18 and over and upon request of a healthcare professional or healthcare organisation.
- Please consult with a healthcare professional for guidance on sample collection processes for adolescent and younger children.
- The kit should not be used by individuals lacking the physical or mental capacity to correctly follow the self-collection instructions. If you have problems or feel unwell or lightheaded during the collection process, please pause and if necessary, consult with your advising healthcare professional.
- For persons with bleeding or clotting disorders, those taking anti-coagulants, immunosuppressive drugs or undergoing chemotherapy this kit should be used with caution and under the clinical guidance of a healthcare professional.
- Do not affix the label to the blood collection tube until after you have collected your sample. You will not be able to see how much blood you have collected if the label covers the tube.
- The accuracy of your results may be compromised if you do not read and follow the instructions in full.
- Samples arriving at the laboratory which show signs of haemolysis, degradation or general damage or arrive after 6 days of sample taking may not be tested.
- Please note that some medicines or medicinal products may be considered interfering substances for certain biochemical or immunoassay investigations. Please consider the potential impact of interfering substances when interpreting results.
- Where appropriate, out of range, abnormal or positive test results deemed clinically significant should be confirmed with a confirmatory venous sample.

Materials required but not provided

- **Test request form.** This will be provided by your healthcare professional or healthcare organisation. **Please complete the request form with your details as instructed.**
 - **Clean tissue paper**
- ### Laboratory Tests
- The tests and procedures undertaken by The Doctors Laboratory Limited are verified and performed in line with supplier product instructions for use and supported by additional validation data for use with self-collection procedures.
 - Test results are provided in line with clinically approved results pathways, agreed between The Doctors Laboratory Limited and the patients designated healthcare professional or healthcare organisation.

KEY TO SYMBOLS			
	For in vitro diagnostic use		Use by end of year-month
	Catalogue number		Manufacturer
	Batch code		EU Authorised Representative
	Sterilized using irradiation		Temperature limits: 4°-25°C
	Sterilized using ethylene oxide		Caution, consult accompanying documents
	Biological risk. Biological sample, treat as potentially infectious		Keep away from sunlight
	Do not use if package is damaged		Distributor
	UK Conformity Assessed		EU Conformity Assessed
	Do not re-use		Consult instructions for use
	Not made with natural rubber latex		For use by persons aged 18 and over
	Keep dry		

REAL Digital International Limited, 2 Queensway, Croydon, Surrey, CR0 4BD, UK
Website: www.real-digital.co.uk

Casus Europe BV, Lange Viestraat 2 B, 3511BK Utrecht, The Netherlands.

The Doctors Laboratory Limited
Distribution is restricted to regions in which the product is registered by the manufacturer.

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RDI-IFU-003, TAP4865D/17-01-25/V26. Issue No. 3; Date 17/01/25.

Revision/Date	Change summary
1 02/2023	Initial RDI product for UK market
2 02/2024	RDI IVD product CE registration
3 01/2025	Componentry change: secondary and outer packaging.

If any serious incident occurs in relation to the use of this kit, it should be reported to the manufacturer and the competent authority of the Member State in which the user and/or the patient is established.