

Questions to Ask Your Consultant

Learning you have prostate cancer can be a worrying and difficult time. To support you during this period, we have compiled a list of useful questions to ask your consultant.

- What stage is my cancer?
- Is it fast or slow-growing?
- What is my Gleason score?
- How can you tell if it is confined to my prostate and what does this mean?
- What further tests do you advise and when will they happen?
- How long will I have to wait for the results and sends them to me?
- Will you tell me what the results mean?
- Who will be the doctor in charge of my case or is there a team?
- What treatment options are available for my type of cancer?
- What are the benefits and possible side-effects from the treatment you would recommend?
- How long have you been practising this form of treatment and with which results?
- How can the clinical nurse specialist help me?
- How will I know if the treatment has been successful?
- What happens if I decide not to have any treatment?
- Are there any local patient prostate cancer support groups?

Useful Organisations

Please find below a list of local and national organisations with links to their websites. They hold a wealth of information relating to all aspects of prostate cancer.

The Prostate Brachytherapy Centre - www.prostatebrachytherapycentre.com

Info Line: 0845 5050560

Provides a single referral point for the treatment of prostate cancer and comprehensive advice and information on treatments.

Macmillan Cancer Support - www.macmillan.org.uk

Info Line: 0845 6016161

Provides information on Macmillan nurses and the help that they can offer to improve the lives of people affected by cancer.

UK Prostate Link

A complete resource for all prostate cancer information.

Prostate Cancer UK - prostatecanceruk.org

Detailed information on all prostate diseases, causes, symptoms and treatment options.

The Prostate Cancer Support College of Sexual and Relationship Therapists (COSRT) Federation - cosrt.org.uk

Organisation of UK-wide local prostate cancer patient support groups that acts and speaks for prostate cancer patients and their families. This organisation works with many men and couples affected by this disease. They represent psychologist, urologists, doctors, nurses, researchers and psychosexual therapists.

The NHS Website - www.nhs.uk

The NHS Website offers a search facility for many aspects of prostate cancer including information on hospitals.

Topic of Cancer - www.topicofcancer.org.uk

A charity that supports and funds essential research into cancer immunotherapy being undertaken at the University of Surrey. It also encourages the setting up of Support Groups across the UK.